



Kansas Department of Health and Environment

# Nursing Facilities Program

## "FACT SHEET"

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## New Regulation Interpretation

A regulation interpretation can be found with this issue of the *Fact Sheet* related to administrator requirements for Intermediate Personal Care Facilities. Please replace the index and insert the interpretation in the *Regulation Interpretation Manual*.

## The Eden Alternative

The Bureau of Adult and Child Care was recently briefed on the "The Eden Alternative," a unique program of services for nursing facilities. The Eden Alternative is an approach to nursing facility programming geared to spontaneous resident activity and staff team-building, integrating children, animals and plants into the daily fabric of resident services and accommodation. Studies have indicated positive enhancements in resident health and staff morale with measurable reduction in certain costs.

Administrators interested in learning more about The Eden Alternative should contact Megan Hannan at (913) 383-0474 or Tish Thomas at (314) 882-9514.

## Nurse Aide Registry Operator

We are pleased to announce that Dolores Staab is the new registry operator. The registry phone number is (913) 296-6877. Hours are 8:00 - noon and 1:00 - 3:00 weekdays, excluding state holidays.

## Dry Pipe Sprinkler Heads

Many facilities have expressed concern about the requirement for a dry pipe sprinkler head in walk-in coolers or freezers in fully sprinklered buildings. Pending a formal interpretation, the State Fire Marshal's office will not enforce this requirement.

The *Fact Sheet* is published by the Kansas Department of Health and Environment.

Joan Finney, Governor  
Robert C. Harder, Secretary  
Bureau of Adult and Child Care  
900 SW Jackson, Suite 1001  
Landon State Office Building  
Topeka, Kansas 66612-1290  
(913) 296-1240

## **Nurse Practice Act Issues**

### **Graduate Nurses**

Beginning July 1, 1994, new graduates can work for 90 days following graduation without a license. Upon completion of course requirements, the director of the school of nursing will notify the Board of Nursing office in writing of those persons who have completed all requirements of their program. The graduate's name will be entered into a computer system which connects with the national application center in New Jersey. The graduate will receive an "Authorization to Test" letter which will specify the 90 day period in which the graduate may test. Employers should ask to see the "Authorization to Test" letter and note the 90 day period in which the graduate may work without a license.

With this change in the Nurse Practice Act, the regulation interpretation, 93-15, related to graduate nurses will not be applicable after July 1, 1994. Please remove the interpretation found on page 6-1 of the *Regulation Interpretation Manual*.

### **Licensed Practical Nurses and Intravenous Therapy**

A statute related to licensed practical nurses and IV therapy was passed by the 1994 Kansas Legislature. The Board of Nursing is in the process of developing regulations. On and after July 1, 1995 all licensed practical nurses who perform intravenous fluid therapy must meet the requirements of the rules and regulations developed by the Board of Nursing. Information will be available from the Board of Nurse through the *Nursing Newsletter* and other board communications.

### **Nursing Service Scheduling**

In a recent issue of the *Nursing Newsletter*, the issue of scheduling nursing staff was discussed. The determination of nursing requirements and appropriate staffing are considered a nursing function. All directors of nursing and administrators of long term care facilities should read this article.

### **MDS+ Reference Manual**

Delete the following statement from the bottom of page 152 of the *MDS+ Reference Manual*. "When eschar is present, accurate staging of the pressure ulcer is not possible until the eschar sloughs or the wound is debrided." Add the following statement " If eschar is present and prohibits accurate staging, code at stage "4" until the eschar has been debrided (surgically or mechanically) to allow staging.

### **Quality Improvement Program Update**

In early May 1994, a quality improvement team performed its first onsite consistency survey. Protocols have been developed for observation of surveyors in the field to assist the agency in identifying surveyor strengths and areas for improvement as they relate to performance of the survey process. The quality improvement team will provide feedback regarding surveyor performance after the survey. Through this process, areas to focus training efforts will be identified, as well as the positive aspects of surveyor performance. Gerald Block, director of Field Services, has been actively involved in efforts by the Association of Health Facility Survey Agencies (AHFSA) to promote quality improvement activities within state survey and certification agencies. Sandra Banahasky, RN, director of the Quality Improvement Program, has been appointed to the National AHFSA Quality Review Committee. She assisted with the development of an instrument and methodology with which to evaluate cited deficiencies. This method of review was recently endorsed by the National Board of AHFSA.

### **When to Call the Kansas Nurse Aide Registry**

The nurse aide registry is to be contacted by all prospective employers prior to hiring a person to function as a Kansas Certified Nurse Aide (CNA) in an adult care home or hospital distinct-part LTC unit. The registry should be contacted when a "Nurse Aide Trainee II" **elevates** to a CNA position; when hiring a person as a CNA on a permanent, temporary, per diem, or other basis; when using a person as a CNA from a temporary placement service; or when hiring a certified medication aide, CNA-activities director, or CNA-social services designee.

## **When to Call Out-of-State Registries**

A facility needs to contact other state CNA registries when a prospective employee was issued a Kansas CNA certificate, moved to another state and was employed as a nurse aide, then returned to Kansas. The purpose for such an inquiry is to determine if the person has a record of abuse on that state's registry. If a record of abuse exists, please notify the Kansas registry so the Kansas registry records can be updated with this information.

## **Out-of-State Trained CNAs**

Any prospective employee certified from another state **may not** work for a Kansas facility until they have submitted an interstate verification form to KDHE and received an examination identification slip. KDHE endorses CNA training from other states if an aide is listed on that state's registry. Once proof of being on another state's registry is obtained by KDHE, the person is scheduled to take the Kansas state exam. The exam must be passed on the first attempt; otherwise, successful completion of a state-approved 90-hour nurse aide course is required.

Application forms can be obtained by calling (913) 296-1284.

## **Resources for Quality Care**

- *1993 Food Code* (450 pages) replaces the *1976 Food Code*. Order from U.S. Department of Commerce, Technology Administration, National Technical Information Service, Springfield, VA 22161 or phone (703) 487-4650. Spiral bound PB94-113941AS \$23.00 plus \$3 handling or Diskette copy PB94-501285AS \$17.50 plus \$3 handling.

The Food Code consists of model requirements for safeguarding public health and assuring food is unadulterated and honestly presented when offered to the consumer in any setting, including nursing facilities, intermediate care facilities for mentally retarded and hospitals.

- *Increasing Productivity in Food Service* is a manual available from the KDHE library (913) 296-1215. Cost is return postage.

The manual uses 8 principles of industrial engineering and work simplification and applies each principle to common dietary tasks.

- Hal, G.R. Chronic Dementia: Challenges in feeding a patient. *Journal of Gerontological Nursing* 1994; 20(4):21-30.

The issue of nutrition and dementia is complex and multifaceted. Ensuring adequate food intake and nutrition requires flexibility and a multidisciplinary approach. Informed, resourceful nurses work with dietitians to provide invaluable input regarding food selection, feeding techniques and environmental management that maximize nutritional outcomes - regardless of setting.

- White, M., Karam, S. and Cowell, B. (1994). Skin tears in frail elders: A practical approach to prevention. *Geriatric Nursing*, 15(2)pp 95-99.

This article deals with the common problem of skin tears in older adults. A risk assessment tool is provided along with a

standardized care plan for persons at high risk for skin tears. This article would be very useful to nursing staff in nursing facilities.

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ANE/CARE ISSUE STATS 3/1/94 - 5/31/94			
<b>TOTAL Complaint Calls Assigned for Investigation</b>			<b>1203</b>
ANE Investigations		Care Issues Investigated	
<b>TOTAL</b>	<b>118</b>	<b>TOTAL</b>	<b>522</b>
March	30	March	199
April	43	April	175
May	45	May	148

ALLEGED PERPETRATORS - Administrative Review Class				
	<b>Total Cases</b>	<b>Pending</b>	<b>Declined</b>	<b>Referred</b>
ACH Admin.	2	1	0	1
RNs	7	7	0	0
LPNs	13	10	0	3
CNAs/CMA's	22	0	6	28

ADMINISTRATIVE HEARINGS ON CNAs/CMA's	
Held	10
Confirmed	7
Unconfirmed	2
Pending Decision	1
Appeal - (by alleged perpetrator)	-
Appeal withdrawn	-
Dismissed	0

## RAI Workshop

An RAI workshop has been scheduled for September 12 at the Kaw Valley Vocational Technical School in Topeka. This workshop is designed for licensed nurses and other health care professionals responsible for performing the resident assessment or MDS+ and RAPs. Participants are to bring a copy of the *MDS+ Reference Manual*. Manuals may be purchased by contacting Med-Pass, Inc. at (800) 438-8884.

The workshop will begin at 10:00 a.m. and end at 4:00 p.m. at the Kaw Valley Vocational Technical School located at 5724 SW Huntoon. Participants should follow the signs to the convention center located behind the main building.

Attendance at the workshop will be limited to 30 participants with no more than two persons from a facility. A completed enrollment form must be mailed to the Bureau of Adult and Child Care before the last day of enrollment. We must receive your enrollment by September 7, 1994. Late enrollments will not be accepted nor will individuals be allowed to attend who have not pre-enrolled. All persons who submit an enrollment form will be notified by mail as to whether or not they are enrolled in the workshops. Workshops will be cancelled in the event of bad weather. **THERE IS NO CHARGE FOR THE WORKSHOPS. CONTINUING EDUCATION CREDITS WILL NOT BE OFFERED.** Enrolled participants are requested to notify the Bureau in the event they are unable to attend. Persons on the waiting list will be given the opportunity to attend.

Licensure Category	Civil Penalties				Correction Orders 1994 Quarters			
	1st	2nd	3rd	4th	1st	2nd	3rd	4th
Inadequate or inappropriate hygiene and skin care	2				17			
Inadequate or unqualified staffing	2				8			
Inoperable or inaccessible call system	-				6			
Inappropriate or unauthorized use of restraints	3				5			
Unsafe medication administration or storage	2				5			
Inadequate nursing services other than skin care	4				8			
Inadequate or inappropriate asepsis technique	1				4			
Inadequate or inappropriate dietary/nutritional services	1				8			
Unsafe storage of hazardous or toxic substances	-				1			
Failure to maintain equipment	1				6			
Resident right violations	1				4			
Unsafe high water temperature	-				3			
Inadequate hot water	-				-			
General sanitation and safety	2				5			
Other (including inappropriate admission)	-				-			
Inadequate rehabilitation services	-				-			
Civil Penalties	11							
Correction Orders	34							
Bans on Admission	5							
Denials	4							

KANSAS DEPARTMENT OF HEALTH AND ENVIRONMENT  
BUREAU OF ADULT AND CHILD CARE

*Fact Sheet* SUBSCRIPTION for 1994

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**NOTE: THE *FACT SHEET* IS MAILED WITHOUT CHARGE TO  
LICENSED ADULT CARE HOMES, HOSPITAL BASED LONG  
TERM CARE UNITS, AND INTERMEDIATE CARE FACILITIES  
FOR THE MENTALLY RETARDED.**

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Name\_\_\_\_\_ (please print or type)

Address\_\_\_\_\_

City\_\_\_\_\_State\_\_\_\_Zip Code\_\_\_\_\_

Enclose check or money order for \$10.00 and mail to:

Kansas Department of Health and Environment  
Bureau of Adult and Child Care  
900 S.W. Jackson, Suite 1001  
Topeka, KS 66612-1290

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For Office Use Only

Date received \_\_\_\_\_

KANSAS DEPARTMENT OF HEALTH AND ENVIRONMENT  
RESIDENT ASSESSMENT INSTRUMENT WORKSHOP

**ENROLLMENT FORM**

\_\_\_\_\_  
Name

\_\_\_\_\_  
Title

\_\_\_\_\_  
Name

\_\_\_\_\_  
Title

\_\_\_\_\_  
Facility

\_\_\_\_\_  
Telephone Number

Please enroll us for the workshop scheduled for September 12, 1994 \_\_\_\_.

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The workshop will be held 10:00 a.m. to 4:00 p.m. at the Kaw Valley Vocational Technical School, 5724 SW Huntoon, Topeka.

Mail enrollment form to:     RAI ENROLLMENT  
                                     Bureau of Adult and Child Care  
                                     Kansas Department of Health and Environment  
                                     900 SW Jackson, Suite 1001  
                                     Topeka KS 66612-1290

Enrollments must be received by the date listed in the *Fact Sheet*. Late enrollments and enrollment at the door will not be accepted.

Participants will be notified if the workshop is cancelled for lack of sufficient enrollment. There is no charge for this workshop, therefore continuing education credit will not be offered.

Participants must bring a current copy of the *MDS+ Reference Manual*.